

SERVING THE AREA FOR OVER 20 YEARS

CHIMNEY WORKS MASONRY

**CHIM SCAN VIDEO
INSPECTION SYSTEM**

**STAINLESS STEEL
RELINING/UL LISTED**

**COMPLETE CLEANING,
REPAIR & RESTORATION**

Specializing In Custom Fireplaces
Stone • Brick • Block • Masonry Heaters
All Types Of Masonry
Bellfire Refractory Fireplaces

570-494-1050
800-464-1051

FULLY INSURED • FREE ESTIMATES

FAX: 570-494-1869

Child Care Services

All Things Bright & Beautiful Day Care Center
Park & Prospect St Avis 753-8632

**BUILDING BLOCKS CHILDCARE
& LEARNING CENTER**

PA Licensed

Open 5:45AM - 7:00PM

Infants Thru School Age

225 E. Church St., Lock Haven **748-8249**

Cathy's Gingerbread Daycare
160 Main St Beech Creek 962-3897

Head Start
Classroom 2 769-7457

Lycoming-Clinton Bi-County Office For The Aging
Lock Haven 352 E Water St Lock Haven 748-8665

Lycoming-Clinton Head Start Step Inc
LH 1 Center-Base Class 769-7427
LH 2 Center-Base Class 769-7457
LH Home-Base Office 769-7494
Family Worker Office 769-7266
LH Fax 769-2574

MOM's Inc Bald Eagle Court McElhatten 769-6001

Senior Community Centers
Carter Towers 11 S Jones St Lock Haven 748-9262
Lock Haven 352 E Water St Lock Haven 748-2906

Child Care Services (Cont)

Step Inc
Lock Haven 352 E Water St Lock Haven 748-6379

Tomorrows Hope Child Care Center
330 N Vesper St Lock Haven 748-6940

Y M C A Child Care Services
701 Allegheny St Jersey Shore 398-4877

Y M C A Child Care Services
Lock Haven Child Care
165 Susquehanna Av Lock Haven 748-4772

Y M C A Child Care Services Jersey Shore 398-3024

Your Guardian Angel Preschool And Childcare
1046-B Delaware Av Jersey Shore 753-5133

Children Entertainment

See Amusement Places

Chimney Building & Repairing

CHIMNEY WORKS MASONRY
1849 Liberty Dr Williamsport **494-1050**
(See Ad This Page)

Chimney Lining Materials

Mill Hall Clay Products Inc 44 Market St Mill Hall 726-3111

EZToUseBigBook.com Your Online Yellow Pages Connection



Think of her as an exercise machine with hair.

You don't have to join a gym to get a workout. Recent studies show that every hour of moderate physical activity can add two hours to your life. So there's no need to radically alter your exercise habits to improve your health, and live longer! Just enjoy everyday activities like walking the dog, Washing the car, Cutting the grass, Playing golf, Or just taking the stairs instead of the elevator.

Don't sweat it if spinning classes aren't your style. Just get out and do something physical each day. You'll feel better, and live longer. Besides, the stair climber at the gym won't fetch your newspaper.

A Public Service Message brought to you by the American Council on Exercise, a not-for-profit organization committed to the promotion of safe and effective exercise.



ACE Certified: The Mark of Quality
Look for the ACE symbol of excellence in fitness training and education.
For more information, visit our website:
www.acefitness.org

American Council on Exercise®

4901 PARAMOUNT DRIVE, SAN DIEGO, CA 92133 USA
(800) 888-3888 | WWW.ACEFITNESS.ORG



ESTABLISHED 1966. AN ESSENTIAL.

AMERICA'S AUTHORITY ON FITNESS™